

MONTE VELHO
equo-resort

MONTE VELHO EQUO-RESORT EQUESTRIAN TEAM

JOÃO TORRÃO

Nationality: Portuguese
Date of Birth: 25-05-1993

Description

João is our Monte Velho Equo Resort competition rider. He has been with us since 2012. He is an Olympic Athlete, having competed in Tokyo 2021.

Although he gives lessons very rarely he is still assigned those tasks sometimes, to replace another instructor. His lessons have a very sportive approach, with the insights of someone engaged in high level competition.

Academic Background:

- Undergraduate in Equine Sciences at ESAE School
- Equestrian Coach level 1 with final score of 9/10
- 'Sela 7' examination (FEP official examination for Equestrian monitors)

Professional Experience:

- Monte Velho Stud-Farm internship during the summer of 2013, responsible for training competition horses, backing young horses and stud-farm management.
- Monte Velho Stud-Farm internship during the summer of 2012, responsible for training competition horses, backing young horses and stud-farm management.
- Monte Velho Stud-Farm rider and riding instructor, responsible for training competition horses, backing young horses and stud-farm management.

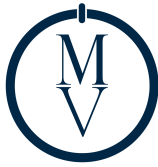
Sport Achievements:

- Olympic Athlete – Tokyo 2021 – Equestrian Dressage
- 33th Place in the FEI Dressage World Ranking
- Current holder of the Portuguese Record for Dressage Grand Prix (77.34%), Grand Prix Special (79.04%) and Grand Prix Freestyle (83.88%)
- 38th Place in Rotterdam 2019 European Championships Dressage
- 1st Place in CDIO3* Hickstead Nations Cup in Grand Prix Special

Languages:

- Portuguese (mother)
- Spanish
- English





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BERNARDO NEVES

Nationality: Portuguese
Date of Birth: 02-01-2001

Description

Bernardo started an internship in Monte Velho in 2020 and has been with us ever since. In 2021 he became professional, and is now our head instructor.

He is a very popular instructor, as his lessons although complying with the proper technic and very academic, are always super fun.

Academic Background:

- Undergraduate in Equine Sciences at EPDRAC School
- Equestrian Coach level 1
- 'Sela 7' examination (FEP official examination for Equestrian monitors)

Professional Experience:

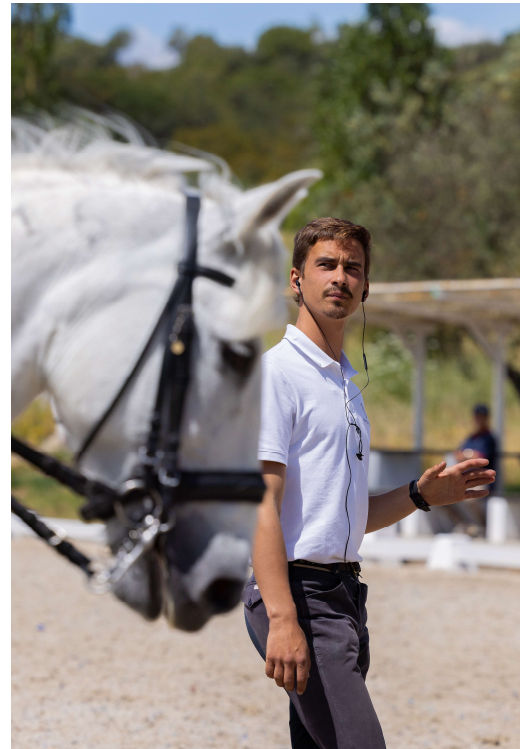
- Internship in Monte Velho Equo Resort in 2020.
- Monte Velho Equo Resort since 2021, horse riding lessons, horses maintenance and training

Sport Achievements:

- Competition in FEI Young Horses in Dressage

Languages:

- Portuguese (mother)
- Spanish
- English





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TERESA GRANDVAUX BARBOSA

Nationality: Portuguese
Date of Birth: 13-08-1993

Description

Teresa started in Monte Velho in the Summer of 2025. She has a vast experience of giving lessons and riding with very different styles. She has achieved notable results in both show jumping and dressage competitions, in Portugal and internationally. She has trained under Olympic riders and renowned classical masters, enriching her deep technical knowledge and practical experience.

Teresa's teaching is grounded in a profound understanding of Portuguese equestrian culture. Her approach emphasizes the importance of strong fundamentals, fluency across the training scale, and a thoughtful balance between classical principles and modern sport training methodologies.



Academic Background:

- Level 2 Instructor École Nationale d'Équitation "Le Cadre Noir de Saumur"
- 'Sela 8' examination (FEP official examination for Equestrian monitors)

Professional Experience:

- Riding instructor at Sociedade Hípica Portuguesa
- Professional Rider at the Portuguese of Equestrian Art
- Head Rider Herdade da Caniceira Stud Farm
- Internship in Monte Velho Equo Resort in 2024.

Sport Achievements:

- Participation in Official Competitions in all 3 Olympic Equestrian Events (Show Jumping, Dressage and Eventing)

Languages:

- Portuguese (mother)
- French
- English



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GUILHERME ALDEAGAS

Nationality: Portuguese
Date of Birth: 14-08-2007

Description

Guilherme started an internship in Monte Velho in 2024 and has been with us ever since. He became professional when he turned 18, and is now one of our instructors.

He is an exceptional and talented rider, with lots of potential and ambition for dressage competition. As an instructor he is very committed, going very deeply into detail. His approach is very different from the other instructors, with a more academic style and rider centered.



Academic Background:

- Undergraduate in Equine Sciences at EPDRAC School
- Equestrian Coach level 1 with final score of 7/10
- 'Sela 7' examination (FEP official examination for Equestrian monitors)

Professional Experience:

- Internship in Monte Velho Equo Resort in 2024.
- Monte Velho Equo Resort since 2025, horse riding lessons, horses maintenance and training

Languages:

- Portuguese (mother)
- Spanish
- English